

College Cohort Workshop Sessions

Sept/Oct

Leadership

- 9/23 Program launch and introductions
- 10/7 Culture development
- 10/21 Leadership traits/principles

Nov

Personal Finance

- 12/02 Introduction to personal finance
- Setting a budget
- 12/16 Understanding loans and interest rates
- Credit and savings

Public Speaking

- 11/04 Develop you presentation and public speaking skills
- 11/18 Practice public speaking skills

Dec

January

Leadership

- 01/13 Leadership styles
- 01/27 Setting objectives and goals / The importance of mentorship

February

Business Skills

- 02/10 Resume writing
- 02/24 The power of networking

March

Best version of you

- 03/09 Building good habits
- 03/23 Social Media, dangers and uses

April/May

Accountability

- 04/13 Taking ownership of your life/Accountability partners exercise
- 04/27 Understand your emotions: fear, sadness, anger
- 05/04 Be impeccable with your words and closing